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She is a research scientist and good academician in the field of nursing who obtained PhD in Nursing in 2012 June from Vinayaka Mission University, Salem, Tamilnadu, India. She obtained Master of Science in Nursing (Maternity Nursing) in April from The TamilNadu Dr.M.G.R Medical University, Chennai, India. She got her Bachelor of Science in Nursing (Post Basic BSc in Nursing) in 1998-2000 from The TamilNadu Dr.M.G.R Medical University, Chennai, India. She is been trained in 2013 for Bio- statistics course from The Institute for Statistics Education, Virginia, United States.

She holds professional license from Professional Licensure and Registration from various professional agency. She is honoured with best awards such as Best Researcher Award (2015) received from Sultan Qaboos University. She is been author for various peer reviewed indexed articles. She has participated in Continuing Professional Development and Learning from 2012 and 2013- E-learning (Module) Course in Oman. She is been part of service to the college and university on various committees. She is been part of various research grants and projects at the international level.

Her area of Research Focus and Areas of Interest includes

- Women's Health
- Urinary incontinence
- Innovative teaching technology